

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Walkers meet @ 9am Bowlers leave @ 12:15 Art class 1:30-3:30 <small>Daylight Saving Time Ends</small>	2 Walkers meet @ 9am Bowlers leave @ 12:15 Art class 1:30-3:30	3 Strength Training @ 10am Mental Health @ 11am Fred Bailus Veterans Program 4:30 -7pm	4 Walkers meet @ 9am Appts with Elly 10-1pm Bridge @ 12:30	5 Strength Training @ 10am Wii @ 11am Cards @ 12:30	6 Walkers meet @ 9am Nutrition/protein Canasta @ 12:30	Reminder! 7 Trip to Harley Davidson Factory & Wolfgang Retail Shop \$ Museum Friday Nov.13th
8 YUM YUM !! 	9 Walkers meet @ 9am Bowlers leave @ 12:15 Art class 1:30-3:30	10 Strength Training @ 10am Cards games & puzzles	11 CLOSED THANKS VETERANS <small>Veterans Day (US) Remembrance Day (Canada)</small>	12 Strength Training @ 10am Wii @ 11am Cards @ 12:30	13 Walkers meet @ 9am Activity with Children from Head Start Canasta @ 12:30	4 
15 Reminder ! Susquehanna Art Museum Friday Nov 20 th	16 Walkers meet @ 9am Appts.with Elly 10-1pm Art class 1:30-3:30	17 Strength Training @ 10am Cards games & puzzles	18 Walkers meet @ 9am Craft of the month Bridge @ 12:30	19 Strength Training @ 10am Wii @ 11am Cards @ 12:30	20 Walkers meet @ 9am Canasta @ 12:30	21 Sign Up Pennsylvania Christmas & Gift Show Friday Dec. 4th
22	23 Walkers meet @ 9am Appts.with Elly 10-1pm Art class 1:30-3:30	24 Strength Training @ 10am Cards games & puzzles	25 Walkers meet @ 9am Harvest Bingo @ 12:30	26 CLOSED 	27 CLOSED Enjoy the long weekend	28 Sign Up There's No Place Like Home for the Holidays. Friday Dec. 11th
29 Sign Up It's A Wonderful Life Wed. Dec. 30th	30 Walkers meet @ 9am Appts.with Elly 10-1pm Art class 1:30-3:30	 <div> <h1>NOVEMBER 2015</h1> <h2>Emmitsburg Senior Center</h2>  </div>				